

Hartismere School

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NSP/SL

Dear Parents/Guardians

This letter contains details of both the Practice and Qualifying Expeditions for the Bronze Award. I have your medical consent forms for these expeditions on record.

The Bronze Practice Expedition is the 18 & 19 of June

We will be meeting you and your child at the Aldeburgh Scallop car park (Thorpe Road IP15 5BH) at 9.30am on the Saturday and hoping for an immediate start. The pupils will be expected to have their full kit with them, and will be issued with emergency phones, fuel bottles, compasses, high-visibility vests, mallets and survival bag when they arrive at the car park.

Pupils are reminded that mobile phones and iPods (or similar) are not allowed on the Expedition. Each group will have an accompanying member of staff walking with them for the Saturday who will be assessing the pupils on various aspects of the expedition, as well as monitoring how well the group works together. Provided that the member of staff is happy with their group's level of competence and conduct they will then be walking unaccompanied on the Sunday.

We will be camping at the Eastbridge Farm public campsite on the Saturday night (Leiston IP16 4SN).

The end point for the expedition on the Sunday is the Dunwich beach car park (Beach road, IP17 3DR) and the pupils will be ready for collection at 3.30pm.

Each group's completed route card is due to be handed in to me on **Tuesday 7 June**. This deadline is absolute. If any group needs help to complete their route card I am very happy to help.

The Bronze Qualifying Expedition is 17 & 18 September

We will be meeting at Diss train station (London side) at 7am sharp on the Saturday. The pupils will be expected to have their full kit with them, and will be issued with fuel bottles, compasses, high-visibility vests and survival bag when they arrive at the car park.

The pupils will be travelling either by train or minibus to their start points in Cromer, Roughton or Felbrigg. Those getting the train will be accompanied by members of staff.

Each group will be walking unaccompanied throughout the weekend, but will be met at checkpoints on both days by members of staff and the DofE assessors.

We will be camping at Breck Farm campsite on the Saturday night (Weybourne, NR25 6QL).

The end point for the expedition on the Sunday is West Runton train station, where those who travelled by up by train will return by train, and those who travelled by minibus will return likewise.



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The time at which to collect your son/daughter from Diss train station will be confirmed with the pupils during the training session at lunchtime on Friday 3 September.

The route cards for this expedition need to be completed in full by **Monday 5 September**. The pupils are aware of what needs to be filled in, but please remind them to fill in all boxes, including details of their aim and activities to achieve this. The route cards must be completed by all members of the group. Each individual helping to complete the route card is a requirement for passing the Expedition section of the award.

As part of the kit that the pupils are expected to bring for both expeditions, they must include waterproofs, a jumper, sufficient food for two lunches, a cooked evening meal, a cooked breakfast, snacks and emergency rations. Emergency rations should consist of high energy foods (both sugars and complex carbohydrates) such as Kendal Mint Cake, flap jacks, jelly babies, Cornish pasties etc, totalling at least 1000kcal. Please ensure that these are purchased and not homemade items, as this makes the Assessor's job easier when totalling the calorie content. Emergency rations should not be eaten apart from in the case of a genuine emergency. Please work with your son/daughter to ensure that these are packed.

Sections

In order to undertake the qualifying expedition, ALL pupil must have completed and uploaded to edofe their evidence for their Volunteering, Physical and Skills sections. The minimum evidence required is a photograph of the completed activity log (a record sheet of what they have completed each week and how long for) and a completed assessor's report (written by their assessor). The assessors report can be completed on paper, with the assessor's contact details clearly stated, or via the following link: <https://www.dofe.org/assessor/>,

If pupil has not completed their sections and uploaded their evidence (or contacted me in advance to let me know why they have not been able to) then they will be unable to undertake the expedition and achieve their award this year.

The pupils have been reminded of the standards of conduct expected by the school while on any trip, and while no problems are foreseen, any instance where these standards are not met will result in a phone call home and the pupil being collected from the Expedition. This will mean that they have been unable to complete the practice, a requirement for completion of the award.

If you have any questions, please email me at dofe@hartismere.com.

Yours sincerely



Dr Sparshott