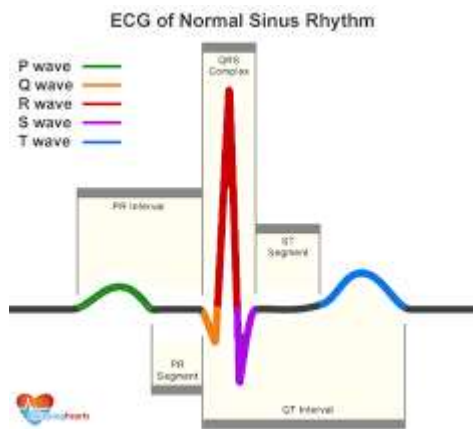




Hartismere College



Health and Social Care

A STUDENT'S GUIDE TO THE CAMBRIDGE NATIONAL AWARD IN HEALTH AND SOCIAL CARE

What do I need to know or be able to do before taking this course?

In order to study this subject, it is usual to have achieved grade 5 or better in maths, English and Science. Some students may be accepted with grade 4 and their teacher's recommendation. Students need a genuine interest in health and social care and be able to meet the demands of coursework.

This is a LEVEL 3, A level equivalent modular course approved by leading universities for entry into degree courses. It consists of:

- Cambridge Technical Certificate: equivalent to an AS
- Cambridge Technical Extended Certificate: equivalent to 1 A level

What does the course involve?

The award will give you a broad introduction to the Health and Social Care sector.

Cambridge Technical Certificate (one year course)

Unit 1: Building positive relationships in health and social care

This unit aims to introduce you to the many different relationships that you will encounter within the health and social care sector, whether with colleagues, senior members of staff, other professionals or those requiring care and support. You will apply communication and relationship building skills in a practical way. The unit also involves students doing some work experience in order to complete a 1:1 and a group interaction with either children or the elderly.

This unit is assessed by coursework and moderated externally by OCR

Unit 2: Equality, diversity and rights in health and social care

This unit will help you to understand the implications of diversity on practice and also the effects of discriminatory practice on individuals who require care or support. Everyone is different and everyone has rights. Promoting and respecting diversity and rights in health and social care and child care environments is essential in today's very diverse society. The focus of the unit is for students to understand how health and social care settings support individual's rights, value their diversity and provide equal opportunities in order to meet their needs.

This unit is assessed through an exam (1½ hours)

Unit 3: Health, safety and security in health and social care

This unit introduces you to health, safety and security in health and social care. You will acquire the necessary knowledge and skills to equip you in maintaining a safe working environment for yourself, your colleagues and individuals who need care and support. You will learn how legislation, policies and procedures work to reduce the risks in health and social care and the consequences of not following them.

This unit is assessed through an exam (1½ hours)

Cambridge Technical Extended Certificate (two year course)

Units 1-3 above completed in year 12 with the addition of the units below in year 13:

Unit 4: Anatomy and physiology for health and social care

This unit aims to introduce you to the basic functions of the body systems involved in everyday activities and maintenance of health, including cardiovascular, respiratory and digestive systems. You will also understand the part played by organs such as the pancreas, liver and kidney. You will investigate the systems and organs involved in detecting and responding to change such as the nervous system as well as the eyes and ears.

This unit is assessed through an exam (2 hours) taken in January of year 13

Unit 14: The impact of long-term physiological conditions

This unit aims to introduce students to the different conditions that individuals may develop. We look at conditions that are on-going and need to be controlled with medication, therapies and surgery. We learn about causes and effects, symptoms, biological reasons for the condition as well as treatment and care needs. Students choose two conditions to base their coursework on. Some of these can be asthma, COPD, Cystic Fibrosis, Coronary Heart Disease and Diabetes type 1 or 2.

This unit is assessed by coursework and moderated externally by OCR

Students can choose one more unit from a list of optional units which can be linked with any potential career aspirations.

- nutrition for health
- infection control
- supporting people with mental health conditions
- public health
- sociology for health and social care
- sexual health and reproduction and early development
- Mental health conditions
- Creative activities for children

Students who study the Cambridge Technical level 3 Health and Social Care often go on to careers in:

- Adult nursing
- Midwifery
- Primary school teaching
- Radiography
- Occupational therapy
- Physiotherapy
- Social work
- Nursery education.
- apprenticeships
- many courses on healthcare and working with children at colleges

The exam board is OCR

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