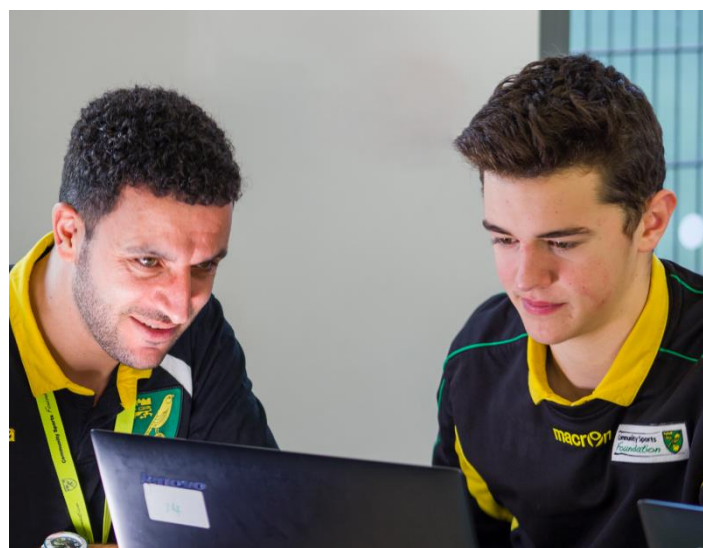




Football Scholarship Programme



Learn - Train - Play - Work

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**REGIONAL
DEVELOPMENT
PROGRAMME**

Learn...
from our qualified BTEC tutors

Train...
with FA/UEFA qualified coaches

Play...
in our weekly fixture programme

Work...
towards a career in the sports industry

Introduction

As soon as students join us at Hartismere sixth form, we start to talk to them about leaving us. This might seem rather strange but what we want to do is to ensure you begin the next exciting stage of your life with excellent academic qualifications, great friends and a commitment to work and community that is the best possible preparation for life. Our university students achieve extraordinary success and enjoy returning to Hartismere to share their experiences and achievements; employers actively seek out Hartismere graduates as potential recruits.

Hartismere offers its students experienced and committed staff and a fantastic environment and resources, including a purpose built sixth form reading room, excellent sports facilities and sixth form building. Our enrichment programme means that as well as your academic studies, you'll get to meet and hear from a range of visiting speakers such as academics, politicians, doctors, artists, film-makers and others. You'll learn about so many things beyond your subjects and in doing so you'll develop your confidence and the skills you need to thrive in the world.

We expect our students to be hard-working, to want to achieve success and show a commitment to the wider life of the sixth form and school community. Our sixth form college is a happy, vibrant place where you'll be looked after, given the tools you need to achieve academically and where you'll receive the best preparation for your next steps – be it at university, in beginning your career or in travelling the world.

Sarah Gray
Assistant Headteacher
Director of Sixth Form



Programme Overview

The Norwich City Regional Football Scholarship Programme in partnership with Hartismere School, is an exciting opportunity for young people between the ages of 16-18 to continue their academic, footballing and career development through Norwich City Football Club.

This unique and high quality experience will combine focused, small-group educational sessions with our designated education tutor alongside the opportunity to train with qualified coaches and represent Norwich City Football Club and Hartismere School in our football fixture programme.



Example weekly timetable

Monday	Tuesday	Wednesday	Thursday	Friday
Education	Education	Education	Education	Education
Break	Break	Break	Break	Break
Education	Education	Education	Education	Education
Lunch	Lunch	Lunch	Lunch	Lunch
Education	Education 1 Hour Squad Meeting / Tactics	Education	Education	Education
Break	Break	Break	Break	Break
2 Hour Training	2 Hour Training	Match	1 Hour Training	2 Hour Training

Learn

“A learning environment based around sport, football and Norwich City has enabled me to enjoy the education sessions as much as I do the football.”

Tom Dade
Scholar



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Education

Students can select a combination of A levels, OR a combination of A levels and Vocational subjects.

They will follow a carefully planned pathway of modules to provide them with a broad range of knowledge and experience whilst remaining linked to potential career pathways.

The unique learning environment created through a Norwich City based programme allows students to be exposed to a variety of working areas of a professional football club and its staff to enhance the delivery of core units.

Scholars will have the opportunity to observe the first team train, go behind the scenes of match day security at Carrow Road and take part in match analysis sessions to ensure a learning experience unique to this programme.



Train



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Training programme

Students will receive up to eight hours a week of dedicated football training with a full time FA/UEFA qualified coach and will focus on core areas of physical, technical and tactical development.

Technical

Ball mastery, changes of direction, skills & tricks, manipulations, passing, receiving, dribbling, shooting, goalkeeping

Tactical development

Team play, formations, playing to a plan, game play.

Physical

With the physical demands placed on players in football training and games, it is important that players have the physical capacity to perform to the required levels.

Therefore elements of training sessions will also focus on the physical development of the players:

Balance, coordination, agility, stamina, strength, flexibility and speed.

“Nothing beats the build up to our fixtures...the team spirit in training is brilliant.”

Damon Cooper, Scholar

- Strength and Conditioning
- Core Strength Explosive Power
- Muscular Endurance Plyometrics
- Flexibility Aerobic Endurance
- Personalised individual player training programmes



Our scholars will have access to all the sports facilities at Hartismere School site, which offers a range of facilities including the Main Sports Hall and Gymnasium - from badminton to 5-a-side football to basketball and anything in between.

The School has a quality floodlit Synthetic Pitch and a number of floodlit Tennis Courts. Naturally there are a number of Grass Pitches as well.

The Fitness Suite offers the very latest equipment to help with improving fitness or rehabilitation from injury.





Play



Fixture programme

The fixture programme will allow the scholars to put their football learning into practice. The squad of players will play in the British College League wearing the famous yellow and green home kit ensuring a competitive fixture programme on a weekly basis.

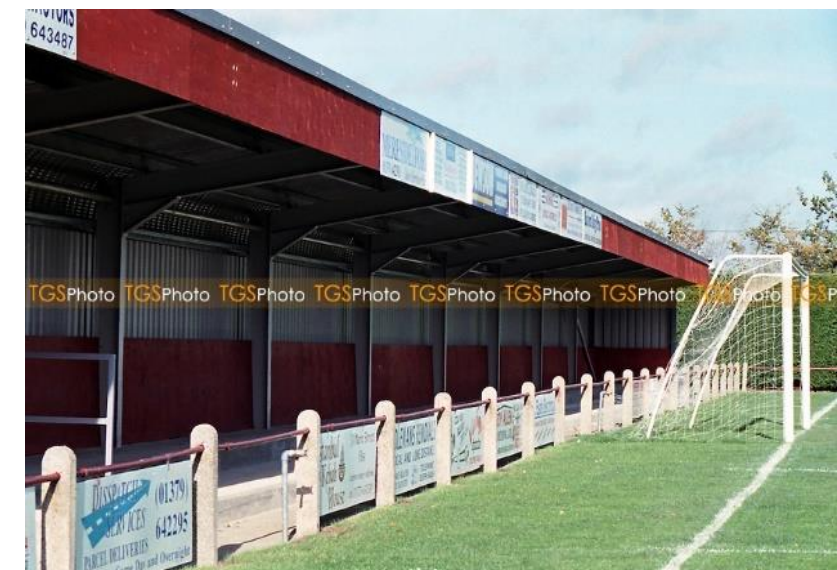
Players who stand out in these games will also have the opportunity to represent Norwich City in fixtures against teams from other professional football clubs.

Football Pathway

We are delighted to also announce a link with semi-professional club Diss Town who will offer their excellent pitch and facilities for our initial trial days and for home matches in our fixture programme.

The former FA Vase winners currently play in the Thurlow Nunn League Division One and their ground has received recognition at National level for it's playing surface.

This exciting link will also offer scholars a potential pathway into the game locally at senior level to gain valuable experience.



Futsal - Fixtures



What is Futsal? Futebol + Sala = Futsal

Futsal is one of the world's fastest growing indoor sports and showcases close ball skills, increased touches, quick-decision making, creativity and tactical knowledge.

Our scheme will also include playing in regular Futsal events with partner schemes in Norfolk.

Players who stand out in these games will have the opportunity to represent Norwich City in fixtures against teams from other professional football clubs.

Career Progression

The experience of the programme and the carefully chosen module pathway is designed to form a clear pathway into employment within the sports and active leisure sector.

Potential career pathways include, but are not limited to:

- Sports coaching
- Sports science
- Sports medicine
- Sports facility management
- Personal training
- Sports development
- Employment with NCFC RDP
- Professional sportsperson

In addition to this, second year students will also be offered the chance to complete the FA Level 2 Certificate in Coaching Football and receive additional placements within NCFC RDP programmes, to further enhance career and employment opportunities.

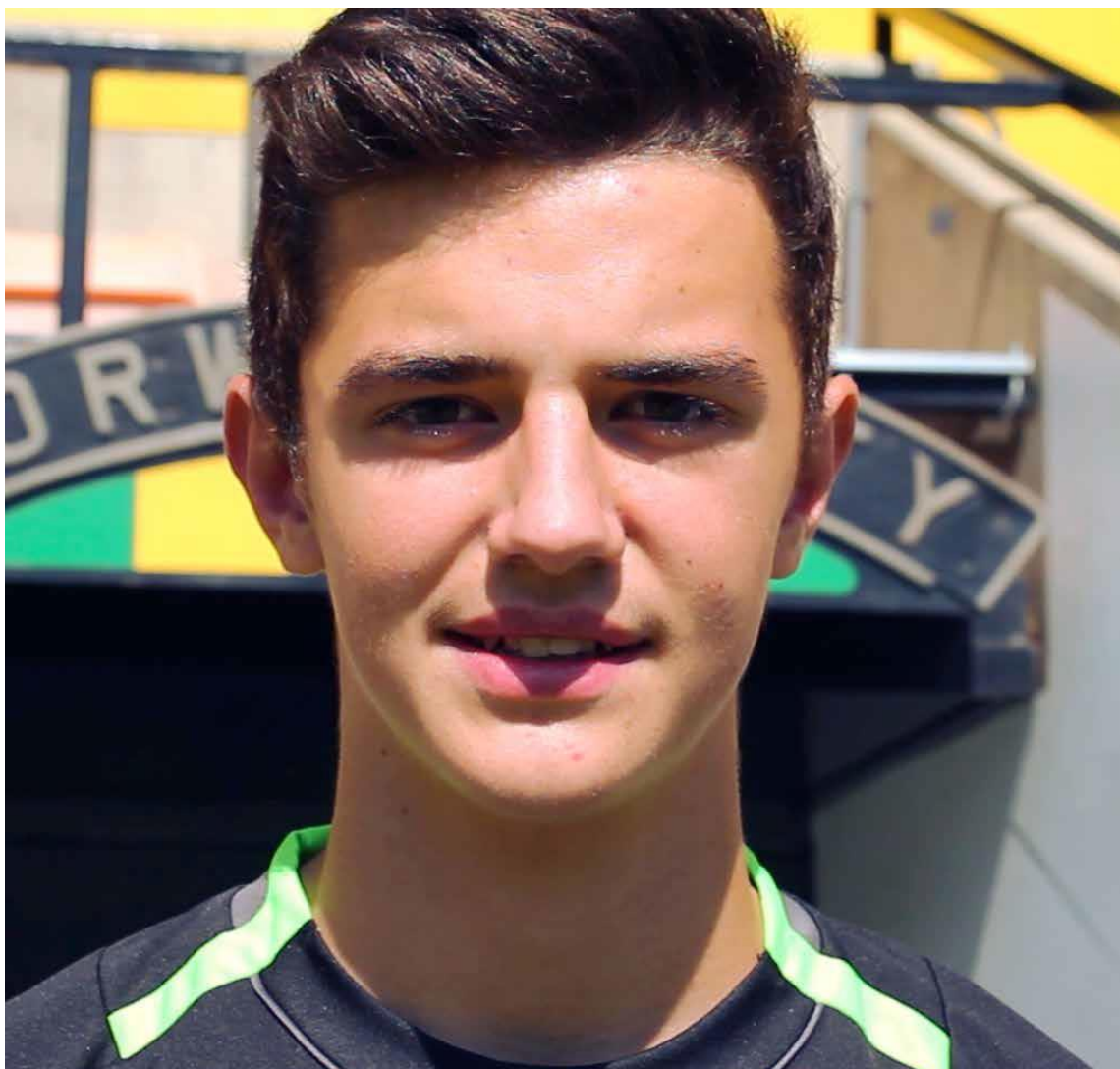


Work



Work related learning

- NCFC work experience placement
- FA Coaching Qualifications
- Further volunteering opportunities with NCFC
- Coaching opportunities at Hartismere with Year 7/8's



A Scholar's story

“Having the opportunity to work towards a future in sport whilst representing Norwich City Football Club has been an incredible experience.” **Tom Wright, Scholar**

Having been part of various NCFC football programmes since the age of eleven - the majority of this within the goalkeeping player development centre – Tom completed his GCSEs and was planning his next step in terms of education and a career. His experience of CSF courses left him with a passion to develop a career in sports coaching. The opportunity to remain within the Norwich City set up and further his education at the same time was an appealing offer. Since achieving the required grades, Tom has not looked back.

In year one Tom continued his coaching development by shadowing experienced CSF coaches in his timetabled free time, Tom has also developed his futsal ability to a level where he has now been invited into the England regional development centre as one of two goalkeepers (the other is also on our futsal programme!)

In year two, Tom has continued to go from strength to strength, passing his first FA coaching qualification and along with several other scholars has joined CSF's community coaching team. This enables him to be employed part time by the Foundation around his education and training commitments.

What happens now.....?

Unconditional Offer

5 x A*-C Grades (Including Maths and English).

Conditional Offer

Appropriate football ability.

Final Decision

Players will then need to sign scholarship contracts prior to the course commencing.



Programme Entry Requirements

Education

5 x A*-C Grades (Including Maths and English)

Football

Appropriate football ability

Scholar Enrolment Fee

£200

What do scholars receive?

- Personalised Training & Learning Kit to use and keep includes:
1 x polo shirt, 1 x shirt, 1 x shorts, 2 pairs of socks, 1 x sweatshirt, 1 x rain jacket and 1 x tracksuit.
(scholars will be provided with the latest home kit to wear for match days)



- Heart Rate Monitor
- Comprehensive Player Injury Insurance



Main benefits of the Programme

- Flexibility of subjects to compliment football aspect.
- Excellent education from Hartismere School staff.
- Quality coaching from UEFA level Norwich City coaches.
- Represent Norwich City Football Club in British College League.
- Further Education links with University of East Anglia.
- Football Pathway with Diss Town and/or Norwich City.
- Placements within Norwich City community programmes.
- Career progression in a variety of different sporting roles.
- Visits to Carrow Road and Colney Training Ground.
- FA Coaching Qualifications.
- Experience of playing Futsal.
- Personalised Training and Learning Kit.
- Access to facilities at Hartismere School.
- Tours and individual target planning will be provided.
- NCS residential with our Norfolk counterparts
- Scheme fully focussed on the development of each and every individual.

Final Word.....

Norwich City's Scholarship programme offers the ultimate opportunity to combine post-16 education with daily football training from our coaches around is one not to be missed.

Taking place in a top quality location at Hartismere School – our Scholarships offer a wide range of A-Level qualifications alongside daily two hour football sessions that targets continuous player development across all facets of modern day football.

Players receive everything you would expect as a modern day professional footballer; full size synthetic and grass playing surfaces for training and home games, use of the latest and best training equipment, full personalised Norwich City training and learning kit, individually tailored player fitness, nutrition and performance plans, access to physiotherapy and player and match analysis.

Players represent Norwich City in the British College leagues and also play fixtures against professional clubs and representative sides providing players with the ideal platform to exhibit their capability to scouts and coaches.

Throughout the programme scholars can also expect to achieve FA coaching awards, first aid qualifications, work placements and the chance to take part in tournaments and tours.

By combining football with A Level education, the Norwich City Scholarship programme offers players the best opportunity to move into playing, coaching, university or the wider business world.

Pathways are open to Scholars to become full time employees at NCFC, and plenty of Scholars also receive part time paid coaching work in our community programme. Thanks to the A Levels on offer, players also have the opportunity to move on to university to study a vast array of degrees if they wish.

Thank you for your interest to date and good luck in your football trials and your forthcoming GCSE exams.

Yours in football,
Jason Curtis
NCFC Regional Programme Manager – Suffolk





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Norwich City Regional Development Programme Suffolk

www.norwichcityfc-suffolk.co.uk

Tel: 07825 952530



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